

# NATIONAL EPILEPSY CENTRE

18 years of  
Sustained  
Commitment  
Hope,  
Dignity, &  
Stigma  
Reduction  
for People  
with Epilepsy



*"Empty words and long praises, do not impress God.  
Show Him your faith by your deeds."*



HUMANITARIAN  
LEGENDARY SOCIAL WORKER  
PERSON WITH EPILEPSY  
Ambassador, National Epilepsy Centre, Pakistan

## Your Zakat can transform the lives of those living with Epilepsy!

Epilepsy is treatable, yet millions in Pakistan suffer in silence due to poverty, lack of awareness, and deep-rooted social stigma.

The National Epilepsy Centre (NEC), located within JPMC Karachi, is dedicated to changing this narrative.

We are an NGO-run facility providing state-of-the-art, holistic management to all people with epilepsy especially the economically marginalized.

**We don't just treat seizures; we heal lives!**

- Highly Subsidized Consultations - for service value
- FREE Medicines to the deserving - 95% of patients
- Advanced Diagnostics (EEG with video recording)
- Psychosocial Counseling & Rehabilitation



# NATIONAL EPILEPSY CENTRE

**FEBRUARY 2025**

Celebrating International Epilepsy Day

National Epilepsy Day

National Epilepsy Month

### Ms Nadia Jamil at National Epilepsy Centre(NEC)

Ms. Nadia Jamil, a celebrated actor, person living with epilepsy, and advocate for epilepsy awareness, visited the National Epilepsy Centre. During her visit, she interacted warmly with patients and their caregivers, offering encouragement and boosting their morale.



### Launch of National Epilepsy Day & National Awareness Month February

NEC jointly with Epilepsy Association of Pakistan (EAP), Epilepsy Support Pakistan(ESP), jointly declared February 28th as National Epilepsy Day and February as National Epilepsy Awareness Month in Pakistan. The day also commemorates the birth anniversary of Abdul Sattar Edhi Sahib, a legendary humanitarian having lived with epilepsy.

The launch event, held at Port Grand, Karachi, was graced by Mayor Karachi, Murtaza Wahab. Prof. Helen Cross - President ILAE, Francesca Sofia - President IBE and Prof. John Dunne - Chair, ILAE-Asia Oceania shared video messages applauding this step.

### Workshop on Public Awareness with students of Fazaia Ruth Pfau Medical College

A workshop on how to create public awareness for health conditions, especially epilepsy, was held at NEC. Fifteen enthusiastic students with two neurologists from the college faculty actively participated.



### Illumination of city landmarks in Purple

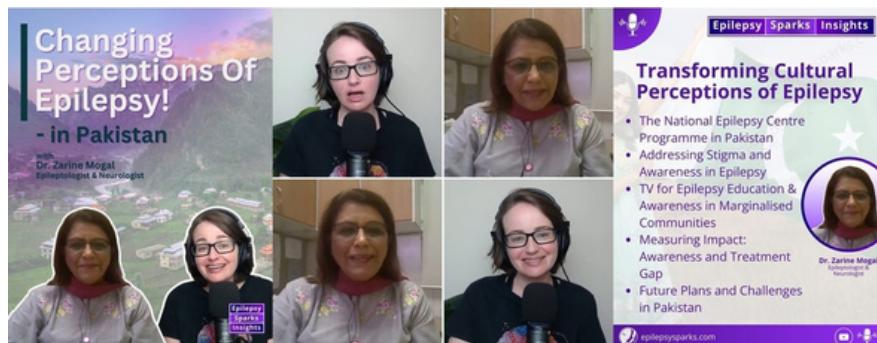
Three of the city's landmarks, Empress Market, Frere Hall and KMC Building along with the National Epilepsy Centre building, were illuminated in the epilepsy awareness colour purple, for three consecutive days in collaboration with Karachi Metropolitan Corporation to mark the launch of National Epilepsy Day .

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## Epilepsy Awareness Lecture for Teachers of The Mama Parsi Girls Secondary School



NEC was invited by The Mama Parsi Girls' Secondary School, Karachi to participate in their health seminar on epilepsy. The interactive session was attended by around 250 teachers. Key topics included recognizing various types of seizures, distinguishing them from similar non-epileptic events, providing appropriate first aid during a seizure.



## Epilepsy Sparks Insights – Podcast with Torie Robertson

Dr. Zarine Mogal featured on the Epilepsy Sparks podcast, where she shared valuable perspectives on shifting societal attitudes toward epilepsy in Pakistan, and the ongoing work required to sustain this change



## AI Workshop for NEC Staff

AI workshop was conducted by Mr Tariq Mustafa, an IT expert and NRPWF Executive committee member, for NEC employees.

## Workshop on Management of Women with Epilepsy In Reproductive Years at Dept. of Gynaecology and Obstetrics, JPMC

Prof. Haleema Yasmin, Head of the Department of Gynaecology and Obstetrics at JPMC, organized a dedicated workshop addressing the unique challenges faced by women with epilepsy. The event was well- attended by both gynaecologists and neurologists, reflecting a shared commitment to improving care for this vulnerable population.





Flagship Project of Neurology Research and Patient Welfare Fund (NRPWF)

# NATIONAL EPILEPSY CENTRE

**We ensure optimum transparency and accountability in utilizing your funds**

- Shariah Compliant: Zakat utilization is supervised by Alhamd Shariah Advisory Services (Pvt) Ltd.
- PCP Certified: Accredited by the Pakistan Centre for Philanthropy.
- Tax Exempt: Donations are tax-deductible under the Income Tax Ordinance 2001 (NTN 1533406-6).

**DONATE**

Help deliver quality epilepsy healthcare services

**We are registered with:**

Social Welfare Dept, Govt of Sindh

Pakistan Centre of Philanthropy

Federal Board of Revenue, Government of Pakistan

Alhamd Shariah Advisory Services (Pvt Ltd)

Economic Affairs Division, Ministry of Economic Affairs, Govt of Pakistan

Sindh Charity Commission, Govt of Sindh

i-CARE FOUNDATION

i-Care Foundation Registered Charity

## ZAKAT (زکاۃ)

Bank: Habib Bank Limited (HBL)

Branch: JPMC Branch, Karachi

Account Title: Neurology Research and Patient Welfare Fund

Account No: 0065 0019 4339 03

IBAN: PK75 HABB 0000 6500 1943 3903

## GENERAL DONATIONS / SADQ (اعطیات)

Bank: Habib Bank Limited (HBL)

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## INSTANT MOBILE DONATION

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## International Donors:

US-based donors can avail tax benefits by donating through our partner, The i-Care Foundation. For details visit our website

## National Epilepsy Centre (NEC)

Jinnah Postgraduate Medical Centre (JPMC), Rafiqui Shaheed Road, Karachi.

📞 Helpline: +92 310 0023558

[www.nationalepilepsycentre.org.pk](http://www.nationalepilepsycentre.org.pk)

**Free rider pickup service is available.**

